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CAGE Assessment

Adult Version

|  |  |  |
| --- | --- | --- |
| Circle the answer that is most true for you: |  |  |
| Have you ever felt you ought to cut down on your drinking or drug use? | Yes | No |
| Have you ever felt annoyed by people criticizing your drinking or drug use? | Yes | No |
| Have you ever felt bad or guilty about your drinking or drug use? | Yes | No |
| Have you ever had a drink or used drugs as an eye opener first |  |  |
| thing in the morning to steady your nerves, or get | Yes | No |
| rid of a hangover or to get the day started? |  |  |

5-2023